



TALK

to your kids about marijuana.

As a Parent or caregiver, you are the most powerful influence in your child's life! We want to help you to stay informed about the current resources and information around youth marijuana prevention and education. Together we can make a positive impact on reducing the perception that marijuana is a harmless drug, and increase community awareness around the negative health impact of underage marijuana use through this quarterly newsletter.

Talk...They're Listening!



Perception vs. Reality

Marijuana is the most widely used illicit drug in the United States. (Samhsa.gov) Though use of marijuana among Washington state youth has remained relatively stable over the last several years, youth perception of harm from use of marijuana has been steadily decreasing. It is

[Read More Online](#)



Every Conversation Counts

Now that Marijuana is legal for those 21 and over, it's more important than ever to talk with your kids.



How Does Marijuana Use Affect Adolescent Health?



You Are a Role Model

Avoid using marijuana around your child or teen, never drive while high and if you are a user... LOCK UP YOUR STASH!

Read the full article online at www.esd123.org

Other Names for Cannabis

Cannabis is also known as marijuana, grass, weed, pot, dope, Mary Jane, hooch, hash, joints, brew, reefers, cones, smoke, mull, buddha, ganga, hydro, yarndi, heads and green. Be in the know and talk to your kids about what their friends and peers at school are calling it.

Find more resources and information online at Listen2YourSelfie.org or learnaboutmarijuanawa.org

Information for this newsletter came from the following sources:

- Seattle Children's Hospital Adolescent Substance Abuse Program www.seattlechildrens.org
- Washington State Department of Health www.starttalkingnow.org
- ADAI Alcohol & Drug Abuse Institute, University of Washington www.adai.uw.edu
- Healthy Youth Survey www.ASKHYS.net

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